

# Satellite



## Home & Community Education

August 2012

Wow, Summer sure is going by fast.

I like Summer but didn't enjoy all the real hot days. Enjoying the cooler days and the rain which means not having to water flowers and the garden.

I attended Linda's retirement party and it was a wonderful time but so sad that she retired. There was a great gathering of people that Linda has worked with and they shared stories of things they were involved with; and yes, some of them were humorous. In fact, Linda left the party with a few horses in tow.

Learn A Lot's International Night which I attended, had a variety of interesting food, conversation and then information from a speaker who has two children living in Spain.

Knowing that clubs don't have regularly meetings in the Summer hope everyone had a great times with picnics or other ways of doing

things together. I know a club that some of their members went to the Mielke Theatre.

Thanks to all who provided items for our Bake Sale, we get a lot of compliments on the variety of items that we have.

About the time you receive this newsletter we will be doing the Brat Stand, so thanks to all our volunteers.

Then a little over a month we have the County Fair that I know a lot are involved with some way or another. So hopefully see you around one of the days.

Also in September we have the State Conference in Middleton. There are 3 of us attending. We have 3 items along with the shoe that we will be taking along for the Cultural Arts Fair.

Learn-In with Waupaca County on October 10th. Hopefully after seeing the lessons you will decide to

attend for a day of learning, good food served by Sally's Catering and fellowship.

October 22nd Fall meeting at the Court House.



We have an October and November lesson yet this year, so soon will start on next years.

Remember if any of you have any ideas for lessons please submit them with your club minutes or call the Extension office. And if you have an idea and know of someone who could present it please give us that information also.

So enjoy the rest of the Summer.

**Helen Raddant**  
Helen Raddant,  
Shawano County HCE President

## WI Bookworms™ 2012-13 Booklist

It's the start of the school year. That means it's a new year to read books at Headstart.

This year we have 8 fun books:

A Cat and a Dog/Un gato y un perro, Masurel

Let's Go Visiting, Sue Williams

Lola Loves Stories, McQuinn

The Snowy Day, Keats

Giraffes Can't Dance, Andreae

Bear Feels Sick, Wilson

Rooster's Off to See the World,  
Carle

Up, Down, and Around, Ayres

Please volunteer to read. Call me as soon as possible to schedule 715-524-2710 so I can set the schedule.

Thanks,  
Sandy Wendorff,  
Wisconsin  
Bookworms™  
Coordinator



## Calendar of Events

### Sept.

Aug. 29-3 Shawano County Fair

3 Labor Day

17-19 WAHCE State Conference,  
Middleton, WI

30 Deadline for "Stitches of Love" &  
Educational Program Award

### Oct.

8 Exec. Board Meeting, 5 pm

10 Learn-In, Clintonville, WI

18 NE District Meeting

22 Annual Fall Meeting

27 Make a Difference Day

31 Halloween



## Mark Your Calendars!

### Annual Fall Meeting is Monday, October 22nd

All members are welcome to attend. It is our once a year meeting to touch base with each other and to plan for the new year. We also get updates on what's happening on the state level. We will start with a potluck meal together at 5:30 pm. Speaker at 6:15 pm with meeting to follow.



*We need you!* We also have election of officers at the Fall meeting. Nominations are now open. Please urge club members to run if they are interested. Nominations committee members are Carrie Kolaske, Helen Raddant, AND Carol Sybeldon. Please contact them with your nominations. Nominations this year are for: President Elect, Center I and Center III.

### October Leader Training: Enjoy More Vegetables

Vegetables have health benefits you don't get from other foods. We will learn about those benefits and the many ways we can prepare and serve vegetable dishes. This Leader Training will be an information packet that will be ready for pick up at the UWEX office AFTER September 14 for clubs and individual members. We should have the president and individual packs ready at those time as well so please make sure you get in to the UWEX office to pick both items up next month! If you are not able to make it in, please call our office to have them mailed out to you.

### ITEMS FOUND:

Linda Olson found a wooden Pampered Chef spoon (that has a bit of a slant on the spoon end) and a dark pink hand towel in her office and she thought they might have been found at last year's Annual Fall Meeting. They are sitting on Amy Kroenke's desk at the UWEX office, please stop by to pick them up anytime 8 to 4:30 Monday - Friday.

Thank you.

## THANK YOU!!!

We the Executive Board would like to thank everyone who helped with the Bake Sale at the Farmer's Market on July 21st.



The Bake Sale was a HUGE success. Once again, thanks to ALL clubs and individual members who made all of the delicious items. The customers really liked them and asked if we would be back next week. We really do have wonderful bakers!

### HCE Fair Display Set-Up Is August 28

This year the Fair Display Set-Up at is Tuesday, August 28th. We are looking for information from each club on the fundraising or different activities that were done in 2012 and if you have any new club pictures or members participating in activities (brat stand, meetings, picnics, etc.) that would be great too. Deadline for turning in these items is Friday, August 25th to the UWEX office or you can e-mail them to [amy.kroenke@co.shawano.wi.us](mailto:amy.kroenke@co.shawano.wi.us).

### On the Move and In the Groove Report

Shawano county had five "On the Move and In the Groove" participants get out there and move. Congratulations to Patricia Arnold, Ellie Borre, Helen Raddant, Carol Sybeldon and Florence Miller. Keep up the great work. See you at the Annual Fall Meeting for your reward.

### Christmas Bus Trip!!

Virginia is working on a one-day trip for a Christmas show. Date and more information will be available in the next Satellite so be watching for it!!

### DID YOU KNOW?

**Re-opening envelopes:** If you seal an envelope and then realize your forgot to include something inside, just place your sealed envelope in the freezer for an hour or two. Voila! It unseals easily. Only for old-fashioned "lick-type" mucilage envelope.



## Mark Your Calendars!

The NE District HCE meeting will be held on October 18. There will be a keynote speaker, district business meeting, update on WAHCE issues, and more. More information including where it will be held will be in the next Satellite.

### THE BEAMS:

#### CENTER II



**Bizi-Belles** - donations were made to SAFPARC, there was a discussion on fundraisers to be decided after the club picnic. Club picnic was July

8th and they made a donation to St Martin church for using their park. Suggestion was made for speaker for the Annual Meeting on October 22nd pending approval. Mary Zahn was chosen Farm Woman of the Year.

**Learn-A-Lot** - lesson on Spain with "tapas" for food, talk of the spring event and everyone liked it, there was also a tip on removing a tick with a cotton ball and liquid soap and some exercise/balance time. Next meeting they will make cards for Maple Lane.

Compiled by Amy Kroenke

## Shawano County HCE Executive

### Board Meeting June 11, 2012

#### Shawano County Courthouse, 5 p.m.

1. President Helen Raddant called the meeting to order with Creed I.
2. Those present: Helen Raddant, Linda Olson, Sandy Wendorff, Sandra Smith, Carol Sybeldon and JoAnn Fehrman.
3. The agenda was adopted. The minutes of the last meeting were approved.
4. Treasurer Joanne Fehrman gave the Financial Report.
5. Committee Reports:
  - a) Center Chairs: Sandra Smith noted that the news had already been reported in the newsletter.
  - b) Coordinators: Discussion on making a display at state convention. Those attending will work on it.
  - c) Bookworms: 35 sets are ordered, Shawano Head Start and Bonduel - some discussion to recognize readers.
  - d) Learn-In: Meeting June 15, the Learn-In date is

Oct. 10. Speakers for suggested sessions are being contacted.

- e) Satellite: deadline for articles is August 13.
- f) Linda's Time: Shawano County will fill her position. There will be a Visioning Session where discussions will take place on what the new person will do & then decide on the hiring.

#### 6. Unfinished business:

- a) Spring Events: all went well
- b) Brat stand and bake sale: Helen will contact people to sign up to work at brat stand and call club presidents to remind them of the bake sale July 21. Bring food to Courthouse the 20th or to Farmer's Market 21st.
- c) On the Move and In the Groove: Sandy W. reported 5 participated.

#### 7. New Business:

- a) Fair Booth set-up will be done first day.
- b) Lessons for fall - the Oct. lesson can be picked up from the office. Nov. lesson - Going Green - Jay Moynihan could be possible instructor.
- c) State Meeting: Those attending - JoAnn Fehrman, Sandy Wendorff, Carol Sybeldon, Helen Raddant.

Helen will call for next meeting date. Meeting closed with Creed II.

Submitted by Sandra Smith

## Refreshing Dessert Recipe

- 2 cups low-fat vanilla yogurt
- 3 tablespoons instant, lemon pudding mix
- 8 squares graham crackers, crushed
- 1 can (11 ounces) mandarin orange slices, drained (or your favorite fresh, canned or dried fruit)

Combine vanilla yogurt and pudding mix; gently stir together.

Layer bottom of serving dish with crushed graham crackers, reserving a few tablespoons to sprinkle on top.

Pour pudding mixture over cracker crumbs.

Top with mandarin orange slices or your favorite fruit. Sprinkle with remaining crumbs. Makes 6 servings.

*Source: Adapted slightly from SNAP-Ed Connection Recipe Finder*



# POTPOURRI

*A sharing page of your ideas, recipes, jokes, stories, etc.*

## 1915 RULES FOR SCHOOL TEACHERS

1. You will not marry during the term of your contract.
2. You are not to keep company with men.
3. You must be home between the hours of 8 p.m. and 6 a.m.
4. You must not loiter downtown in any of the ice cream stores.
5. You may not travel beyond the city limits unless you have permission of the chairman of the board.
6. You may not ride in a carriage or automobile with any man unless he is your father or brother.
7. You may not smoke cigarettes.
8. You may not dress in bright colors.
9. You must wear at least two petticoats.
10. Dresses must not be more than two inches above the ankle.
11. To keep the school neat and clean, you must sweep the floor at least once daily; scrub the floor at least once a week with hot soapy water; clean the blackboards at least once a day; and start the fire at 7 a.m. so the room will be warm by 8 am.

-from a past potpourri page-

## MORE WORDS TO LIVE BY

Accept that some days you are the pigeon, and some days you're the statue.

Always keep your words soft and sweet, just in case you have to eat them.

Always read stuff that will make you look good if you die in the middle of it.

Drive carefully. It's not only the cars that can be recalled by their maker.

Eat a live toad in the morning and nothing worse will happen to you for the rest of the day.

If you can't be kind, at least have the decency to be vague. If you lend someone \$20 and you never see that person again, it was probably worth it.

It may be that your sole purpose in life is simply to serve as a warning to others.

Never buy a car you cannot push.

Never put both feet in your mouth at the same time, because then you don't have a leg to stand on.

Nobody cares if you can't dance well. Just get up and dance.

The early worm gets eaten by the bird, so sleep late.

When everything's coming your way, you're in the wrong lane.

-author unknown-

## ZUCCHINI CASSEROLE

1 ½ lb hamburger

1-2 small zucchini, sliced ½ inch thick

1-10 ¾ oz can cream of Mushroom soup

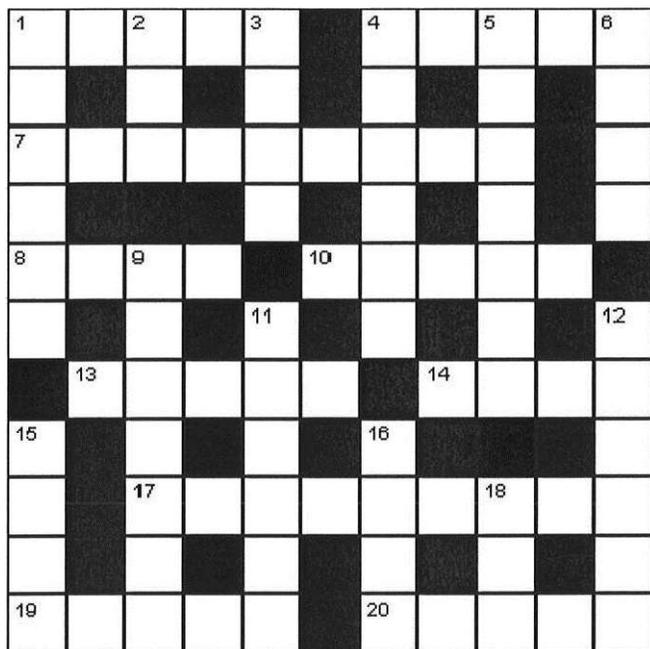
½ lb of sliced or shredded cheese

2 cups bread crumbs

2-3 tbsp. butter, melted

Brown hamburger, drain and place in a 9x12 casserole dish. Place a layer of sliced zucchini on top of hamburger. Spoon soup evenly over zucchini and spread. Put cheese over that. Sprinkle on bread crumbs and pour melted butter over all. Bake at 350 for 30-45 minutes or until bread crumbs have browned. NOTE: you may assemble this one day and bake it the next.

-Aunt Gussie's recipe-



### Across

1. Aquatic mammal (5)
4. Striped equine (5)
7. Watered (9)
8. Flows back (4)
10. Tennis stroke (5)
13. Assumed name (5)
14. Disparaging remark (4)
17. Essential (9)
19. Rear part of a ship (5)
20. Smooth fabric (5)

### Down

1. Relinquished (6)

2. Atmosphere (3)

3. Boundary of a surface (4)

4. Stringed instrument (6)

5. Confound (7)

6. Desiccated (4)

9. State of equilibrium (7)

11. Bird of prey (6)

12. Implement for writing

or drawing (6)

15. Optical device (4)

16/ Small snakes (4)

18. Colony insect (3)